

Lil' Chefs Camp (Summer 2024)



Get ready to stir up some fun in the kitchen at our Little Chefs Cooking Summer Camp, specially crafted for preschoolers! Join us for a delightful culinary adventure filled with tasty treats, creative recipes, and lots of hands-on cooking fun.

Camp Overview:

Little Chefs Cooking Camp is a place where young culinary enthusiasts can explore the world of cooking in a safe, nurturing, and playful environment. Our program is designed to spark creativity, foster teamwork, and instill a love for healthy eating habits from an early age. Trying new foods can be intimidating, but being a part of the process encourages branching out!

Cooking Adventures:

Every day at Little Chefs Cooking Camp brings new and exciting cooking adventures! Here's a taste of what campers can expect:

1. **Cooking Classes:** From pizza making to fruit salad creations, our days are filled with delicious recipes that are perfect for little hands. We will learn basic cooking skills while whipping up yummy snacks and meals.
2. **Bake Shop Bonanza:** Put on your chef hats and aprons as we dive into the world of baking! Campers will knead dough, decorate cookies, and bake tasty treats to enjoy and share.
3. **Healthy Eating Habits:** Learn the importance of nutritious eating through interactive games, cooking demonstrations, and discussions about healthy food choices.

Creative Expression:

Cooking is an art, and we encourage to express themselves through food! From decorating cupcakes to plating colorful salads, creativity knows no bounds in the kitchen.



Garden Exploration:

Discover the wonders of nature as we explore our camp's very own garden. Campers will learn about fruits, vegetables, and herbs, and even have the opportunity to harvest ingredients for their culinary creations.

Friendship and Fun:

At Little Chefs Camp, we will work together to create tasty dishes and try encourage each other to try new foods, all while having fun!

Join the Cooking Craze:

Don't miss out on the culinary fun! Enroll your little chef in Little Chefs Cooking Summer Camp today and watch them whip up delicious dishes with confidence and joy.

To register, e-mail (NorthernLightsAcademyAK@gmail.com) or text Robin Hansen at (214) 546-6735.

